



Response to COVID-19 (Coronavirus)

We Are Open for Phone Calls!

Our nurse advocates continue to communicate by phone with their patients and if appropriate and permitted, are still visiting patients in hospitals and accompanying them to physician visits.

Stay Properly Informed

Please know that our team of nurses is here to help you get whatever you need from the healthcare system. While misinformation and rumors are flying around the internet, we encourage you to seek out reliable sources of information. To learn about the coronavirus and how to protect yourself, we recommend these sites:

- Center for Disease Control: www.cdc.gov
- World Health Organization: www.who.int

Your state's department of health and your county health department can also be good sources of information about the virus in your local area.

We Are Here For You

We encourage you to take deep breaths, eat some fruits and vegetables, get enough sleep, wash your hands, and respect public health guidelines to protect not just yourself, but everyone around you.

We are here if you need us! Just a phone call or email away!

Call **888.836.0260** or **215.836.0260**, select **option 3** or email us at newreferral@guardiannurses.com.



As reported by the Centers for Disease Control and Prevention, there is currently no vaccine to prevent Coronavirus Disease 2019 (COVID-19). The best way to prevent illness is to avoid being exposed to the virus. However, there are everyday preventive actions to help prevent the spread of respiratory illnesses, including:

- *Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public space.*
- *If currently filling a maintenance medication at a retail pharmacy, now may be a good time to consider initiating mail order medication instead.*
- *Avoid close contact with people who are sick.*
- *Avoid touching eyes, nose and mouth.*
- *Stay home when sick.*
- *Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.*

For the most recent updates on COVID-19, visit the CDC website at

www.cdc.gov/coronavirus.